



MISAWA AIR BASE COVID-19 DIRECTIVE



EFFECTIVE DATE: 16 June 2021

NOTICE: Commanders will implement the below procedures effective as of the above date. Subordinate or tenant commands may make more restrictive guidance but not less restrictive. These restrictions apply to all personnel present on, or assigned to Misawa AB, including but not limited to: US military personnel, US civilian employees, all dependents, DoD retirees, host-nation employees, contractors, and any other persons accessing Misawa AB (Misawa Members). Any military member who fails to comply with this directive may be subject to punishment under the Uniform Code of Military Justice (UCMJ). Those not subject to the UCMJ may be subject to other administrative actions.

SITUATION: Misawa AB has taken measures to protect members of our installation and community through directives and proactive measures to prevent COVID-19 transmission. This directive will be used in conjunction with the "Weekly Hot Spot Annex."

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Misawa Air Base COVID webpage:

<https://www.misawa.af.mil/COVID-19-Information/>

Kadena Air Base (Okinawa) COVID webpage:

<https://www.kadena.af.mil/coronavirus/>

Yokota Air Base (Tokyo) COVID webpage:

<https://www.yokota.af.mil/COVID-19/>

CDC COVID webpage:

<https://www.cdc.gov/COVID-19/2019-nCoV/index.html/>

DoD Latest Guidance:

<https://www.defense.gov/Explore/Spotlight/Coronavirus/Latest-DOD-Guidance/>

TEAM	CONTACT INFORMATION	I HAVE A QUESTION ABOUT...
Medical COVID Hotline	usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil DSN 315-226-6555/5575 Commercial: 0176-77-6555/5575	COVID testing
Contingency Lodging	35fss.fsvs.contingencylodging@us.af.mil DSN 315-226-8255 Then dial 1-281-657-4401 Commercial: (281) 257-4401	Reservations for ROM towers Issues with room in ROM towers Keys for room in ROM tower Check-in/Check-out of ROM towers
COVID Support Cell	DSN 315-226-2082 Commercial: 0176-77-2082	35 FW COVID-19 policies & guidance Yokota-Misawa Shuttle reservations

SUMMARY OF CHANGES

Vaccinated personnel are allowed to visit bars, nightclubs, karaoke bars, and social clubs within Misawa City. Added additional instructions for shuttle pick up. Removed requirements for contact tracing logs.

RESTRICTED AREA OF JAPAN

Refer to the "Weekly Hot Spot Annex" for most current information on restricted areas within Japan.

WORKPLACE FLEXIBILITY

Units will use current Public Health guidance to determine business rules/risk.

1. Optional telework is authorized for personnel, it is not mandatory and up to unit discretion.
2. Customer service lobbies can be opened at unit discretion.
3. Mandatory alternating work shifts are not required and are left at Unit Commander's discretion.

BASE ACCESS FOR VISITORS

1. All visitors (personnel not permanently assigned to Misawa AB) will comply with USFJ and Misawa AB travel guidance.
2. Visitors who have been in Japan for at least 14 days and are not traveling from a restricted area identified in the most current "Weekly Hot Spot Annex," are allowed base access and do not require additional authorization.
3. **Unvaccinated** visitors who have traveled **to any of the areas** identified in the "Weekly Hot Spot Annex," or an installation currently in Health Protection Condition (HPCON) Charlie or higher in the past 14 days requires a Misawa Unit Commander or higher to assess risk prior to approving access to Misawa AB.
 - a. Unit Commanders will utilize the "Pre-Arrival Health Screening (TDY to Misawa)." [page 13]
 - b. Unit Commanders must coordinate with Public Health for risk assessment prior to approval.
 - c. Unit Commanders are allowed to implement a working ROM as a mitigation measure if risk assessment is elevated.
 - d. Visitors without a sponsoring Misawa Unit Commander should submit requests to the COVID Support Cell (226-2082) and the MSG/CC or MSG/CD will be the approval authority.
4. Visitors who have been outside of Japan in the last 14 days MUST complete ROM. [page 7]
5. Visitors with SOFA status may ROM off-base if the level of risk is deemed to be acceptable by the recommendation of the Public Health Emergency Office (PHEO), otherwise they must ROM on Misawa AB.
6. Visitors without SOFA status MUST ROM off-base.⁽¹⁾
7. Non-SOFA Contractors: May continue to access Misawa AB solely to fulfill their contractual obligations according to the Misawa AB contractor mitigation plan.

ON-BASE LIBERTIES

1. Active on-base restrictions and gathering limits will be published in the "Weekly Hot Spot Annex."
2. Refer to the following websites for the latest updates:
 - a. Misawa Air Base Facebook page: <https://www.facebook.com/MisawaAirBase/> (primary base updates)
 - b. 35th Force Support Squadron: <https://35fss.com/covid/> (for updated FSS events and program operations and hours)
 - c. Misawa Air Base COVID-19 Information: <https://www.misawa.af.mil/COVID-19-Information/>
3. Mask use and wearing.⁽²⁾⁽⁷⁾
 - a. Vaccinated personnel are not required to wear masks while on base except when:
 - (1) Within the AMC terminal or when using mass transportation such as buses
 - (2) In on-base medical facilities as directed by the 35th MDG Commander
 - (3) An individual has symptoms potentially consistent with COVID-19. The individual should also call the COVID Hotline (226-6555) to obtain a COVID-19 test.
 - (4) Directed by the MAB Installation, Naval Air Facility Commander, or a facility manager
 - (5) While on USFJ installations and interacting with citizens of the host nation including but not limited to MLC, IHA, MC and JSDF personnel.
 - b. Unvaccinated individuals must wear masks continuously while on military installations except:
 - (1) When an **unvaccinated** individual is alone in an office with floor-to-ceiling walls with a closed door
 - (2) When the mask is required to be lowered briefly for identification or security purposes
 - (3) When necessary to reasonably accommodate an **unvaccinated** individual with a disability
 - (4) When outdoors and proper physical distancing is continuously maintained or only with immediate family members

- (5) When an individual is alone in a vehicle or is sharing the vehicle only with members of their household
- (6) Brief periods of time when eating and drinking while maintaining appropriate distancing
- (7) Momentarily to take part in religious rituals/rights/observances that require consumption
- (8) When wearing a mask substantively interferes with safe and effective operations when clear communication is paramount or with the proper wear and use of personal protective equipment necessary for the accomplishment of one's military duties
- (9) Members are authorized to remove their masks only when actively engaged in individual aerobic activity both indoors and outdoors AND at least six feet physical distancing is maintained through the entire duration of the exercise (i.e. strength training, spin class, aerobics class, volleyball, baseball, softball, tennis, golf, gymnastics, etc.) and momentarily to hydrate. Members will wear a mask when engaged in strength training, indoor team sports (basketball, dodgeball, etc.), and while transiting through fitness areas (fitness center, base swimming pool, and indoor/outdoor exercise areas).
- c. All Misawa AB personnel will continue to wear a mask off base in public, as directed in [Off-Base Liberties, para. 6](#)
- d. USFJ-affiliated personnel will continue to comply with CDC guidance on mask wear guidance, including while utilizing public transportation.
- e. Unit commanders may choose to require personnel to wear masks at large unit events.
- f. CDC Considerations for Wearing Masks including mask styles that are not recommended for use:
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>

OFF-BASE LIBERTIES

1. Active off-base restrictions and gathering limits will be published in the "Weekly Hot Spot Annex."
2. Unvaccinated Misawa members are **AUTHORIZED** to visit all locations not identified in "Weekly Hot Spot Annex" as red or yellow restricted locations, Vaccinated members may visit the restricted yellow areas:
 - a. Refer to the "Weekly Hot Spot Annex" for current off-base restaurant restrictions
 - b. Movie theaters/cinemas when the occupancy of the site does not exceed 50% and social distancing can be maintained
 - c. Tattoos shops, massage shops, and onsens
3. Misawa members are RESTRICTED from the following locations **if COVID-19 mitigation measures cannot be met**:
 - a. Amusement/theme parks, off-installation gyms and fitness centers, festivals, flea markets, concerts, festivals, and events with high-density crowds or mass gatherings, or any facility with a potential for crowds, close contact, or closed spaces.
4. Misawa members are **RESTRICTED** from the following at **ALL TIMES and LOCATIONS**:
 - a. Bars, nightclubs, karaoke clubs, and social clubs
 - a. **EXCEPTION: Fully vaccinated members are allowed to visit bars, nightclubs, karaoke clubs, and social clubs within Misawa City if the locations occupancy is not greater than 50% capacity.**
6. While off USFJ installations, all personnel are required to wear masks as established in previous guidance regardless of vaccination status.
7. Members will maintain social awareness, avoid large crowds/congested areas, and adjust plans as necessary to avoid exposure risk. For instance, if a crowd develops while in a location, personnel will depart that location if social distancing cannot be maintained, or if in a restaurant where the staff are not wearing a mask, personnel will depart the restaurant.
8. Misawa members are authorized to use commercial public transportation throughout Japan.
 - a. Members will adhere to the same social distancing and hygiene rules as listed in the "general rule" above.
 - b. Common spaces for sleeping overnight in ferries are prohibited for usage.
 - c. Unless specifically identified in the "Weekly Hot Spot Annex," all airport and train stations are authorized for use with the stipulation that members will leave the restricted area as quickly as possible via connecting flight, POV, train, or rental vehicle.
 - d. In high traffic terminals, personnel need to be extra vigilant and maintain social distancing.
9. Public Health recommends Misawa members avoid interaction with individuals who have been to off-limits areas within the previous 14 days. If personnel have come in close contact with members from an off-limits area or an emergency/urgent situation requires travel to/through an off-limits area, they need to contact their leadership for additional information.
10. Members traveling to other U.S. installations must adhere to all COVID-19 policies of that installation or Misawa AB directives, whichever is most restrictive.

OFFICIAL TRAVEL

1. Waiver authority for travel restrictions of all TDY travel taking place completely (all stops) within Japan is delegated to the **traveler's unit commander or equivalent.** ⁽¹⁾⁽³⁾⁽⁴⁾⁽⁵⁾
2. TAD/TDY outside of Japan must be approved with an ETP by the Naval Air Facility Commander for all Navy personnel and the Misawa Installation Commander for all Misawa AB community members.
3. A 10-day ROM is required without a test; or 7-day ROM if a test is completed for travel within INDOPACOM⁽⁴⁾ and to the US⁽³⁾.
4. A pre-travel COVID-19 test is required 1-3 days prior to departure for all official international travel via commercial or military airlift. Members will maintain proof of the negative test during travel. 48 hours prior to travel is preferred to account for potential travel delays. COVID Tests can be obtained by following the guidance located under [COVID testing](#).
 - a. Testing may be waived if it is not available or cannot be conducted in a timely manner upon approval from the Naval Air Facility Commander or Misawa Installation Commander.
 - b. Members must bring itinerary/tickets/orders to be tested. If short notice, First Sergeant or Sq CC should notify Medical COVID Hotline (226-6555/5575)
5. Service members must remain in contact with their losing commands and MPFs, and immediately inform them of any variation in travel due to COVID-19 travel requirements or delays caused by testing protocols.
6. May require ROM at destination depending on vaccination status or HN requirements. ⁽¹⁾⁽³⁾

LEAVE/PASSES AND UNOFFICIAL TRAVEL

1. Leave and passes are authorized as outlined in WEASEL NOTAM – 35FW-16-23 with the following exceptions:
 - a. Locations that would require leave as outlined in the NOTAM must be approved by the Unit Commander or higher in the chain of command.
 - b. Leave in locations OUTSIDE of Japan, to include the United States:
 - (1) Must be approved by the Unit Commander or higher in the chain of command
 - (2) May require ROM at destination depending on vaccination status. ⁽¹⁾⁽³⁾
 - (3) Will require ROM upon return to Japan unless an ETP has been approved by 5AF
 - c. Leave/pass INSIDE a restricted area identified in the most recent "Weekly Hot Spot Annex":
 - (1) Must be approved by the Unit Commander or higher in the chain of command
 - (2) Will require ROM upon return to Misawa unless an ETP has been approved by the Naval Air Facility Commander for all Navy personnel and the Misawa Installation Commander for all Misawa AB community members.
 - d. Supervisors will ensure that the "Pre-Departure COVID-19 Traveler's Risk Brief" is conducted for all members traveling outside the local area as defined in the NOTAM (areas approved for travel but not in exceptions).
2. All ROMs will be a minimum 14-day Installation ROM unless otherwise approved in an ETP. ⁽¹⁾
3. Pre-departure COVID-19 testing for leave travel is voluntary unless required by arrival location and may be requested from coordinated with the 35 MDG COVID team following the guidance located under [COVID testing](#).
4. Members traveling to other installations must adhere to all COVID policies of that installation or Misawa AB directives, whichever is most restrictive.

Space-A Travel: The Patriot Express rotator has limited seating and passengers on Official Travel have priority. Space-A is allowed, however it requires approval by an O-6 in the traveler's chain of command, and is still limited to the space available on the aircraft. All Space-A travelers will require COVID-19 testing 1-3 days prior to travel, which can be obtained following guidance located under [COVID testing](#).

1. A negative COVID test must be obtained no earlier than 3 days prior to travel on DoD aircraft for travelers (2 years old and older) not traveling on military or U.S. Government orders.
 - a. Leave authorizations are not considered orders under exemption requirements.
 - b. Leave / Space-A travelers must show proof of negative COVID tests.
 - c. Travelers not on orders who have recovered from COVID-19 infection within the past 90 days are required to present:
 - (1) Documentation of positive test result, must state "Positive," "SARS-CoV-2 RNA Detected," "SARS-CoV-2 Antigen Detected," or "COVID-19 Detected."
 - (2) Signed letter on official letterhead containing name address, and phone number of licensed healthcare provider or public health official stating passenger is cleared for travel
 - (3) Documentation and letter personal identifiers (name, birth date) must match other travel documents

COMMERICAL TRAVEL & SHUTTLE INFORMATION

Commercial Travel: Personnel and US contractors (traveling officially and unofficially) may utilize commercial transportation, with the following stipulations:

1. For commercial international travel departing Japan, members will adhere to "Off-Base Liberties para [8.c.](#)"
 - a. All travelers to the United States require COVID-19 testing 1-3 days prior to departure, which can be obtained following guidance located in under [COVID testing](#).⁽¹⁾
2. Upon entry into Japan at Haneda or Narita International Airport, personnel are required to proceed directly to Yokota AB (Kanto Lodge) to await shuttle transportation to Misawa AB.
3. The use of public transportation is not authorized prior to completion of ROM. Members travelling from Tokyo to Misawa Air Base must utilize the ROM shuttle from Yokota AB to Misawa AB.

PRIOR TO ENTRY INTO JAPAN:

1. Make reservations **before** you take/submit leave for Tuesday evening at Yokota's Kanto Lodge: <https://yokotafss.com/kanto-lodge/>
 - a. Lodging availability changes regularly, personnel are **required to make reservations before leave is approved.**
 - b. Misawa AB currently provides shuttle service from Yokota AB's Kanto Lodge to Misawa AB and is at no cost to SOFA members assigned to Misawa AB.
 - c. The shuttle generally runs every Wednesday. Please contact the Wing COVID Cell to verify status.
 - d. **For reservations on the shuttle to Misawa, email 35FW.covidcell@us.af.mil and richard.parsons.4@us.af.mil with:**
Your name +additional number of people in your group, unit, and shuttle date→ Name +2, FWSA (DD MMM YY)
2. All new PCSing members to Misawa from outside of Japan require Residential/Installation ROM. If housing arrangements **and FMO furniture** have been made by the sponsor, prior to arrival, personnel may complete ROM in their house or apartment. Vaccinated Airmen may reside in the dorms if they have a dorm room assigned and are able to remain segregated from other dorm residents for the duration of their ROM. If housing arrangements have not been made, you or your sponsor will need to arrange contingency lodging reservations for your ROM at least 7 days prior to your arrival.
 - a. Please send an email to Contingency Lodging (35fss.fsvs.contingencylodging@us.af.mil) with:
Names of all personnel (including dependents), expected ROM dates, number of pets (if any), and gaining unit
 - b. Navy personnel will stay at the Navy Gateway Inns and Suites (NGIS). If the NGIS does not have vacancy, follow the instructions for the Air Force listed above.

ARRIVING IN JAPAN AND TRANSIT TO ROM:

The following instructions are provided to assist with transiting from Haneda/Narita International Airports to Misawa AB.⁽¹⁾

1. Select a commercial flight that arrives in Tokyo 1300-1600 JST. Japan's COVID-19 airport screening processing can take approximately 1-3 hours. Ensure adequate processing time before the Yokota Airport Shuttle departure times.
 - a. For up to date shuttle information from Haneda/Narita International Airports, please visit:
<https://yokotafss.com/vehicle-operations/>
 - b. Scroll down to "Temporary Curbside Pickup Locations" and click on the image for specific instructions.
2. Ensure travelers have enough food and supplies to last **24-36 hours**.
3. All persons entering or returning to Japan must submit information on the Government of Japan's Questionnaire Website:
<https://arqs-qa.followup.mhlw.go.jp>
 - a. Travelers will need to present the QR code received after completing the questionnaire to the airport COVID-19 screeners.
 - b. It is highly encouraged to complete the questionnaire prior to departure; submissions made afterwards arriving may delay processing times.
 - c. Save the QR code from the questionnaire and be prepared to present it to the COVID-19 airport screeners.
4. The COVID-19 airport screeners and/or Japan Customs & Immigration Personnel may ask to see an itinerary: 1) base shuttle to Yokota AB, 2) stay overnight at Yokota AB, 3) base shuttle from Yokota AB to Misawa AB, 4) ROM location in Misawa
5. After completing the COVID-19 airport screening, proceed to Immigration & Customs. Travelers will need to present the MOFA memo, which the Misawa COVID Cell will once a signed shuttle agreement is received.
6. The use of public transportation is prohibited. All personnel will utilize the Yokota AB Shuttle Service. No reservations required.

NOTE 1: If travelers miss the shuttle or their flight is delayed, please call Andy Litchfield by 1900 hours at 080-5022-1485 (011-81-80-5022-1485 from a U.S. phone).

NOTE 2: Pets are not allowed on the Yokota Airport Shuttle. Transportation arrangements must be made thru FSS vehicle ops for a personal shuttle; recommended to schedule 3 weeks prior.

NOTE 3: Pets are allowed on the Misawa Shuttle.

7. The Yokota Airport Shuttle will drop personnel off at the Yokota AB Kanto Lodge or TLF.
 - a. **No** personnel arriving into Japan **will be** permitted to leave the lodging room except IAW the [Yokota AB ROM Policy](#).
 - b. It is recommended to have 24-36 hours of food & supplies. If supplies are needed while staying overnight in Yokota, personnel can reach out to the group [Yokota Errands](#) on Facebook.
8. The Misawa shuttle bus will arrive at **the TLF Building (Bldg 4304) at 0620 in the parking lot on the east side of the building (opposite side of Mt. Fuji) to pick up passengers and will depart to the Kanto Lodge at 0635 promptly. The shuttle will arrive in front of the Kanto Lodge (Bldg 15) to pick up the remaining passengers at 0645 and depart promptly at 0710.**
 - a. Personnel will need food/supplies for everyone they are traveling with for the entire duration of the bus ride since no one will be permitted to exit the bus once it departs Yokota. There is a restroom in the back of the bus. The **trip** is approximately 9.5 hours **long**.
 - b. The shuttle will arrive at the Misawa AMC terminal and ALL personnel will be provided transportation from the AMC terminal to their final ROM locations, in either the ROM towers or their on-base/off-base residence.
No other modes of travel are authorized for unvaccinated personnel.
9. Once arriving at Misawa AB AMC Terminal (whether by Rotator or Shuttle bus), vaccinated personnel may utilize vehicles left at the terminal or coordinate for pick-up by other members.

ROM CHECK IN INSTRUCTIONS (within 24 hours of arrival) for ALL PERSONNEL (Patriot Express & Commercial)

1. Please contact the 35th Medical Group COVID Hotline within 24 hours of arrival for your initial check-in to Restriction of Movement (ROM) via one of the following methods:
 - A. **Email (preferred): Send an email from your personal email address with the information below to usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil and include:**
 - Traveler's full name (as it reads on their DoD identification card)
 - Traveler's contact phone number (if they have a working phone)
 - Full names of family members who will ROM with traveler in the same location
 - A statement that everyone in traveler's party is symptom free
 - Confirmation of traveler's residence address or ROM Tower and Room number
 - Date of Arrival to Misawa and by which travel means (i.e. Shuttle or Patriot Express)
 - B. **Telephone:** Contact the Medical COVID Hotline DSN 226-5575/6555 (Commercial 0176-77-5575 or from a U.S. phone 011-81-176-77-5575) and provide the information listed above.
2. The Medical COVID Hotline needs accurate contact info to reply to questions and symptom concerns.

ROM TESTING INSTRUCTIONS (No earlier than day 8 of ROM)

1. In order to continue to minimize risk within the community and as required, a member of the Medical COVID Hotline team will contact individuals in ROM via email or phone number provided during ROM Check In for COVID-19 testing.
 - a. A medical professional will test individuals at their ROM location if they are:
 - (1) Newly arrived permanent party personnel that do not have a POV
 - (2) Dorm residents that are in the ROM towers and do not have access to their POVs
 - (3) On Isolation status
 - b. Individuals who have been approved to ROM in their established on/off-base homes and have **an operational** POV will drive to the MDG tunnel for COVID-19 testing, as directed. **Individuals unable to drive their POV due to mechanical issues will coordinate with their Unit Travel Coordinator/First Sergeant to meet the testing window.** Individuals will:
 - (1) Ensure the only personnel in the POV are of the same household and each passenger is in the vehicle for the sole purpose of receiving a COVID-19 test from the 35 MDG
 - (2) At the gate, the driver will keep windows rolled up, as much as possible, and present proper identification for base access. If questioned by Security Forces or any other first responder, the driver will exercise discretion and may roll down the window enough to be able to hear and provide responses as needed.
2. Individuals that require COVID-19 testing will be only be authorized to drive or **be transported from** their ROM location to the MDG tunnel, and proceed directly back to their ROM location. There will be NO stops in between, to include drive-thru restaurants.

3. Instructions for ROM Clearance

- a. The designated Unit Travel Coordinator will transition personnel from Residential/Working ROM to Installation ROM and then cleared from ROM, based on vaccination status, type of ROM, a negative COVID test and no symptoms develop.
 - (1) Vaccinated personnel will be tested no earlier than day 8 and removed from ROM on day 15.
 - (2) Unvaccinated personnel will be tested on day 8, transitioned to Installation ROM on day 11 and removed from ROM on day 15.

4. If a member becomes symptomatic, they will contact the Medical COVID Hotline DSN 226-5575/6555.

5. Instructions for Contingency Lodging Clearance (Bldgs 1935, 1936, 220)

- a. **Email (preferred):** Send an email to 35fss.fsvs.contingencylodging@us.af.mil
 - (1) Complete all checkout requirements listed on the checklist provided. All areas MUST be cleaned and disinfected by occupants prior to checkout.
 - (2) A Contingency Lodging representative will arrive at the contingency lodging towers between 1030 and 1330 to inspect all rooms. Occupants are required to be physically in the room during the inspection.
 - (3) Once the occupant has passed inspection, the CL representative will collect the room keys and the occupants are released to their sponsors.
- b. **Telephone:** Contact Contingency Lodging DSN 226-2727 for any inquiries regarding checking out of contingency lodging
DO NOT leave your ROM location until your unit has released you.

FAILURE TO COMPLY WITH THESE INSTRUCTIONS MAY RESULT IN A DELAYED CLEARANCE FROM ROM

ROM STATUS

Members are directed to complete ROM as stated below, unless otherwise approved by ETP at the appropriate level.⁽¹⁾

When going back to the US, DoD family members and dependents are strongly encouraged to follow the same ROM and testing protocols as the Service member sponsor. It is the intent of the Department of the Air Force to keep traveling service members and their families/dependents together, except when emergency/mission essential requirements prevail. All personnel coming to Misawa AB from the U.S. will ROM in accordance with the Government of Japan travel rules and USFJ policy, regardless of status. Vaccination status on inbound personnel will be reviewed by a unit travel coordinator who has been designated in writing by the unit commander or equivalent.

1. **Fully Vaccinated:** All DoD uniformed personnel members of the civilian component, and individuals with SOFA-status arriving in Japan from another country, to include individuals on Temporary Duty that are fully vaccinated (has received both doses in a 2-dose series or a one dose in single dose vaccine, and a 14-day period has elapsed since the final dose in the series), shall travel directly to their domicile and will, at a minimum, be restricted to Misawa AB for 14 days (336 hrs after arrival in the Japan AOR). On or after day 8 (192 hrs after arrival in the Japan AOR), will be required to take a viral test. After day 14, individuals that have a negative viral test may have the restriction Misawa AB removed.
 - a. Vaccination status will be verified by medical personal upon arrival at Misawa. All travelers will carry a physical or electronic copy of their vaccination card or other medical record of vaccine administration for verification on arrival.
 - b. The 14-day vaccinated ROM period starts upon arrival in Japan and ends after 14 days at the same hour as arrival (total of 336 hrs in ROM).
 - c. The individual must remain asymptomatic for the duration of the 14-day ROM period. If symptoms occur, the individual will coordinate with the Medical COVID hotline (DSN 226-6555) or their chain of command.
 - d. Household members of vaccinated travelers are not required to ROM as long as there are no other unvaccinated travelers residing in the same residence.
 - e. Vaccinated members may reside with members of their household who have returned from travel regardless of vaccinated status.
2. **Unvaccinated:** All DoD uniformed personnel, members of the civilian component, and individuals with SOFA-status arriving in Japan from another country that are not fully vaccinated (as defined above) shall travel directly to their domicile and remain there for an Residential ROM period of 10 days (240 hrs after arrival in the Japan AOR). This will be followed by a 4 day Installation ROM (days 11 through 14, total of 96 hrs) of restriction to Misawa AB for a total of 14 days of ROM (336 hours). The following conditions apply during ROM:
 - a. The individual must remain asymptomatic for the duration of the 14-day ROM period. If symptoms occur, the individual will coordinate with the Medical COVID hotline (DSN 226-6555) or their chain of command.
 - b. The initial 10 day Residential ROM starts from the day following arrival at Misawa AB and ends on the 10th day at the same

hour as arrival.

- c. On or after day 8 of ROM, all individuals will be required to have a negative COVID-19 test to complete the initial 10 day ROM.
- d. Personnel residing off-installation, must remain in their domicile for the full 10 days except to complete ROM exit testing requirements.
- e. Days 11 through 14, the individual may transition to an Installation ROM and will have access to all on-installation facilities. For those whose domicile is off-installation, they must remain either in their domicile or on Misawa AB, or travel in a direct route between the two in a POV/GOV (use of mass transit, cycling, or walking is not authorized between domicile and installation).
- f. Unvaccinated members returning from travel will follow ROM restrictions above, and non-traveling household members must also follow residential ROM restrictions if the following applies:
 - (1) Travel member is not within 90 days of a positive SARS CoV-2 test
 - (2) Travel member is completing residential ROM at their household
 - (3) At least one member of the household that did not travel is unvaccinated
 - i. All members will practice self-observation and if any COVID-19 symptoms develop, will coordinate with the Medical COVID hotline (DSN 226-6555) or their chain of command.
 - ii. No test is required for non-traveling household members.

**The notes above are not intended to be an exhaustive list. If there are questions about ROM status for situations that are not covered above, unit commanders will work with the COVID cell to determine ROM status of travelers and non-travelers.

ROM DEFINITIONS

1. **Residential ROM:** Residential ROM is the most restrictive ROM and limits personnel movement and interaction to personal residence or ROM towers for 10 days.
 - a. Unvaccinated dorm residents will complete the duration of their ROM in Bldg 1935/1936.
 - b. All individuals in Residential ROM while on the Misawa AB installation are allowed to walk an animal and complete physical activity (walk or run). Do not stop to talk to anyone or be a part of ANY gathering.
 - c. Travelers requiring residential ROM may elect to move into contingency housing for the ROM period (subject to availability). This ensures that the any non-traveling household members may remain in their household without entering ROM status. Once the traveler enters Installation ROM, they may have contact with their household members.
 - d. Units will coordinate with individuals in Residential and Working ROM to ensure they have necessary support to include food, water, personal hygiene items, cleaning supplies, etc.
 - e. If COVID-19 test results are negative, all individuals will be released from ROM at the completion of the prescribed ROM duration.
 - f. Exceptions to the above options may be granted on a case-by-case basis by the Public Health Emergency Officer (PHEO) after endorsement by the Unit Commander.
 - g. The member will sign and adhere to the standards for Residential ROM within the "Notice of Residential ROM."
 - h. Medical clearance from ROM requires at least 14 days of ROM and a negative COVID-19 laboratory test unless otherwise approved by the PHEO or Installation Commander via ETP at the appropriate level.
2. **Working ROM:** A Working ROM is less restrictive than Residential ROM as the working member may travel to work and back to their residence as long as the conditions outlined below are followed. Authority to grant working ROM status for mission essential visitors not assigned to MAB and traveling from outside of Japan is delegated to the Deputy Commander, USFJ and further delegated to the 5AF/CV.⁽¹⁾ When warranted for travel within Japan, this authority is delegated to the Unit Commander.
 - a. Working ROM procedures during the initial 7 days:
 - (1) Applicable to only SOFA status employees of the U.S. government (e.g. DoD uniformed personnel, and members of the civilian component) assigned to Misawa AB.
 - (2) Proceed only to and from their place of work and their domicile via POV or GOV (use of mass transit, cycling, or walking off installation is prohibited).
 - (3) Individuals should be in a separate work environment from unvaccinated individuals to the max extent possible. In all instances, they will maintain social distancing.
 - (4) Shall not use dine in or take out options for the duration of the working ROM but may utilize food delivery services when contactless options are available.

- (5) Individuals will remain separated from the general base population and will **not** leave their assigned work location to conduct morale, welfare, or administrative tasks (i.e. shopping at the exchange, travel claim processing, indoctrination briefings, housing appointments, etc).
- (6) On or after day 5 of the Working ROM, all individuals will be required to complete a COVID-19 test. The receipt of a negative test result will be kept to complete the initial 7 day working ROM. If the test is positive, the individual will conduct isolation/quarantine procedures.
- (7) Upon completion of the initial 7 day Working ROM individuals can transition to Installation ROM and will have access to all on-installation facilities starting on day 8 through day 14. Vaccinated dependents will also have full access to the installation upon completion of an initial 7 day ROM with negative test conducted between days 5 and 7.
- b. **Additional Working ROM requirements**
 - (1) For those whose domicile is off-installation, personnel must remain either in their domicile or on Misawa AB. Travel is authorized in a direct route between the two via POV/GOV during the full 14 days after arrival in country. Use of mass transit, cycling, or walking is not authorized between domicile and installation.
 - (2) For approved visitors not assigned to MAB, the sponsoring unit will take measures to reduce the risk of close contact with the working ROM member such as providing a private work space, providing separate tools, or supplying food, etc.
 - (3) All individuals in Working ROM while on the Misawa AB installation are allowed to walk an animal and complete physical activity (walk or run). Do not stop to talk to anyone or be a part of ANY gathering.
3. **Installation ROM:** Installation ROM allows for a lower degree of restriction on movement than a Working ROM and can be applied when risk considered is only moderately elevated. Installation ROM can be applied for travel from outside Japan as authorized by the Deputy Commander, USFJ. Installation ROM for travel within Japan can be authorized by the Naval Air Facility Commander for all Navy personnel and the Misawa Installation Commander for all Misawa AB community members. Restrictions during an Installation ROM include:
 - a. A restriction to base only in which the member cannot leave base but may otherwise assume the COVID-19 posture outlined in the "On Base Liberties" and the "Weekly Hot Spot Annex."
 - b. The member will be permitted to utilize base facilities during the Installation ROM period.
4. **Quarantine:** Quarantine is applied when an individual has a high-risk exposure to COVID-19 as an identified close contact of an individual known to be positive for COVID-19. Measures during Quarantine at MAB include:
 - a. Quarantine members will reside in Bldgs 1935/1936 unless otherwise approved by the PHEO.
 - b. The member will not be allowed to lodge with other individuals not in a quarantine status.
 - c. The member will remain within the quarantine location and will have no contact with members not on quarantine unless authorized by the PHEO or for urgent medical care.
 - d. The member will sign and adhere to the standards for quarantine within the "Notice of Quarantine."
 - e. Medical clearance from quarantine requires at least 14 days of ROM and a negative COVID-19 laboratory test unless otherwise approved by the PHEO or Installation Commander.
5. **Isolation:** Isolation is applied when an individual has a known positive test for COVID-19. Measures during Isolation include:
 - a. The member will isolate in Bldg 220 unless otherwise approved by the PHEO.
 - b. The member will not be allowed to lodge with other individuals not in an isolation status.
 - c. The member will remain in their isolation room and will have no contact with members not on isolation unless authorized by the PHEO or for urgent medical care.
 - d. The member will sign and adhere to the standards for isolation within the "Notice of Isolation."
6. **Self-Isolation:** Self-Isolation will be applied when a member is deemed to be at high risk for infection with COVID-19 but contact tracing and/or testing for COVID-19 has not yet been completed. This may occur for newly recognized close contacts of a known, COVID-19 positive individual or for an individual with symptoms concerning for COVID-19. Measures during self-isolation include:
 - a. The member will remain within their individual domicile unless otherwise approved by the PHEO.
 - b. The member will avoid close contact with all other individuals to include existing contacts and family members.
 - c. The member will utilize a separate bedroom and bathroom from others within the same household during the period of self-isolation.
 - d. The member will sign and adhere to the standards for isolation within the "Notice of Self-Isolation."
 - e. Members on self-isolation due to a high risk of exposure to COVID-19 will transition to quarantine if a negative COVID-19 when a negative test has been obtained.

- f. Members on self-isolation found to have a positive COVID-19 test will transition to isolation.

COVID TESTING AND RESULTS

1. COVID Testing for personnel departing MAB or command/medical directed.
 - a. 35 MDG Tunnel operations drive-thru
 - (1) Sunday 0800-1000 (this is the required time for all Patriot Express Monday/Tuesday outbounds)
 - (2) Monday-Friday 0800-1100 & 1300-1500 (individual travelers not on the Patriot Express)
2. COVID-19 Test results:
 - a. <https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>
Login (DS or DFAS myPay username/password or CAC) → click "Health Record" → "Laboratory Results"
 - b. Monday-Friday 0800-1100 & 1300-1500 (travelers not on the Patriot Express) in the tunnel operations drive-thru
 - c. 35 MDG COVID team will bring results to Patriot Express flights

TRANSIENT AIRCREW

Misawa AB implemented several measures to respond to the expanding COVID-19 global pandemic. These measures are intended to minimize the risk to mission and personnel associated with transient aircrew operations at Misawa AB regardless of aircraft origination, destination, or nationality. The term transient aircrew also applies to associated support personnel (i.e. maintenance members). All transient aircrew operating on Misawa AB **will be** restricted to Misawa AB only, and will adhere to the measures contained below.

1. **Command and Control:** All transient flights arriving to Misawa AB (ICAO: RJSM) will contact Misawa Command Post (35 FW/CP), 30 minutes prior to arrival and report if any crew, cabin attendants, or passengers are exhibiting symptoms of respiratory illness and/or fever.
 - a. If 35 FW/CP is notified of an ill individual on the plane, they will request an ambulance to be dispatched to the plane and notify Public Health.
 - b. Passengers/aircrew will not deplane. The ill individual will be triaged by a medic. No individuals other than medical will be allowed to board the aircraft until released by the PHEO. The PHEO will determine disposition of the passengers/aircrew (e.g. quarantine vs. self-observation) and when they are medically cleared to deplane.
 - c. If symptoms are not present, all arriving aircrew that will disembark and remain overnight, regardless of origin, must contact the 35 FW/CP Commercial: 0176-77-9899 or DSN 315-226-9899. The aircraft commander or designated crew member will report to 35 FW/CP to receive and sign acknowledgment of this memorandum and brief all their members.
2. **Medical Screening:** All outbound crews will be screened by a member of the 35th Medical Group, including a questionnaire and temperature check. Medical personnel will provide further guidance if any aircrew member presents symptoms of COVID-19.
3. **Transportation:** 35th Logistics Readiness Squadron will provide buses for dedicated transient aircrew movement (28-passenger and 44-passenger buses as required).
 - a. Vehicles are cleaned after each crew run, and the first two rows are roped off for social distancing. Vehicle operators will not remain onboard during crew loading/unloading.⁽⁶⁾
 - b. Ground Transportation will only transport aircrew between the aircraft, Command Post, Base Operations, and lodging **and for food as needed to ensure mission completion**. No other stops are authorized.
4. **Lodging:** Transient aircrew will be billeted on base at Misawa Inn to the fullest extent **possible**.
 - a. Unvaccinated transient aircrew will not enter Misawa Inn front desk lobby in an effort to avoid exposure to lodging staff. If members require items, they are to call the Front Desk first. The transient Aircraft Commander **or any vaccinated aircrew member** may pick up and drop off required items on behalf of the entire crew. Lodging ATM will not be utilized by unvaccinated personnel.
 - b. If lodging was not coordinated prior to arrival, reservations will be accomplished at the Command Post after the Mission Commander briefing.
 - c. Unvaccinated **aircrew members are restricted to the flight line, Command Post, Base Operations and lodging. Fully vaccinated aircrew members will be placed on Installation ROM.**
 - d. Unvaccinated crewmembers will maintain social distancing at all times and avoid any close personal contact while performing the aforementioned activities outside of their rooms.
 - e. Wear of cloth face mask is required for unvaccinated personnel, at all on base facilities and will be worn if social distancing cannot be maintained.⁽⁸⁾

5. Personnel arriving to Misawa from within Japan and have been physically within Japan's borders for at least 14 days prior to arriving at Misawa and traveling via military aircraft ("Gray-Tail Travel") will not be subject to 14 days of Residential ROM.
 - a. If they are coming from a HPCON Charlie or higher location from within Japan, Command Post will call the COVID Support Cell DSN 315-226-2082 to determine their ROM requirements.
 - b. If they are coming from a HPCON Bravo or lower from within Japan, they will not be restricted from using base facilities.
6. Unvaccinated members TDY to Misawa, who have not been in Japan for 14 days or more, must undergo 10 days of Residential ROM prior to being authorized on-base liberty. The sponsoring unit for TDY members will ensure the member's health and welfare are taken care of (meals, hygiene items, etc.,) as well as ensuring TDY members understand the Misawa COVID-19 policy and directives.
7. **Food Support:** Due to the heightened risk of spreading COVID-19, food options are limited.
 - a. Unvaccinated crewmembers are restricted to delivery only via AAFES food outlets on base.
 - b. Flight meals are also available for order through the DFAC at 226-2966 (DFAC open 24 hrs). Provide a minimum of 4-hour notice for orders of 5 flight meals or less, and 24-hour notice for orders of 6 flight meals or more. Food pick up will be coordinated with LRS to occur during the aircrew's pick-up from the aircraft to Command Post and Lodging.
8. Currently, Misawa AB is operating under a declared public health emergency. Those in violation of adhering to ROM requirements during their stay on Misawa AB may be stopped by 35th Security Forces, obtain your identification, and direct you to return back to your isolation location and/or detain you, if deemed necessary. Violations of any rules found in this order, or any other COVID-19 measures in place at Misawa AB will not be tolerated. Violations by DoD uniformed personnel are violations of Article 92, UCMJ – Failure to Obey a Lawful Order, and may result in administrative, nonjudicial punishment, or punitive action. Violations by anyone present on Misawa AB who are not subject to the UCMJ may be detained until civil authorities can respond, may be subject to administrative action including but not limited to early return of dependents, denial of base access, debarment from the installation, or referral to the Misawa Civilian Adjudication Program.
9. Misawa AB is committed to providing continued exceptional support to all transient aircrews. These measures levy a burden on aircrews; however, they are designed to keep the mission moving and safeguard the greater Misawa AB and Japanese population.
10. If you have any questions or need additional guidance, please contact: 35 FW/CP: DSN 315-226-9899, 35 FW COVID Support Cell: DSN 315-226-2082; 35 LRS Ground Transportation Operations Center: DSN 315-226-3328.

REFERENCES

- (1) [USFJ Force Health Protection Order 21-002 FRAGO 004 \(14 Jun 2021\)](#)
- (2) [Secretary of Defense Memorandum "Use of Masks and Other Public Health Measures" \(04 Feb 2021\)](#)
- (3) [Force Health Protection Guidance Supplement 20 – Guidance for Personnel Traveling During COVID-19 \(12 Apr 2021\)](#)
- (4) [U.S. Indo-Pacific Command Force Health Protection Guidance Supplement 14 \(06 Jan 2021\)](#)
- (5) Secretary of the Air Force Travel Restriction Delegation of Authority Memo (26 Oct 2020)
- (6) [CDC COVID-19 Guidance for Cleaning and Disinfection for Non-emergency Transport Vehicles \(14 Apr 2020\)](#)
- (7) COMUSFJ VOCO on Space-A Travel Delegation and Mask Wear Guidance, effective 17 May 21, 1200JST

MISAWA AIR BASE PREDEPARTURE COVID-19 TRAVELER'S RISK BRIEFING

PART I. INSTRUCTIONS

- Unit Commanders must ensure that military personnel assigned to Misawa Air Base are briefed on precautionary measures to prevent the spread of COVID-19, prior to departure for ALL leave within or outside of Japan.
- The Unit Commander, first sergeant, flight commander, or immediate supervisor will conduct this briefing.
- Briefers MUST go over the following information listed under Part II, with their member. For additional information, please reference: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html> or have the member contact the Public Health at 226-6116.
- Part IV, "Statement of Understanding," will be completed and signed by both the departing member and by the Unit Commander, first sergeant, flight commander, or immediate supervisor for approval prior to member's departure.
- As proof of documentation, the unit must maintain a signed copy of this briefing form until further direction from the installation commander.

PART II. BRIEFING GUIDE

The Centers for Disease Control and Prevention (CDC) lists Japan at a "Level _____"

Please reference: https://wwwnc.cdc.gov/travel/destinations/traveler/none/japan?s_cid=ncezid-dgmg-travel-single-001

The virus is spread from person-to-person and symptoms include fever, cough, chills, shortness of breath, and sudden loss of taste or smell. Monitor your health daily; be alert for symptoms and if possible, bring a thermometer with you. The best way to prevent the spread of COVID-19 is to always practice prevention measures.

- During travel, always wear a mask when out in public especially on public transit, except when eating and drinking. Wash your hands often. Lather hands with soap for 20 seconds, rinse with warm water. Sanitize with >60% alcohol sanitizer after washing or if soap/water is not available. Pack hand sanitizer and use often, especially after touching commonly touched surfaces.
- Avoid touching your eyes, nose, and mouth. Always cover your cough and sneeze with a tissue then immediately throw it away or use your inner elbow if no tissues are available.
- Avoid touching any public surfaces. When this is unavoidable (e.g., using a check-in kiosk, entering a PIN on a credit card readers, fastening a seatbelt, using the restroom, etc.) wash hands or use hand sanitizer immediately.
- Maintain physical distancing (at least 6 feet) from others at all times, except when passing momentarily. If unable to maintain at least 6 feet of distance from another person (for example, when seated on an aircraft, bus, or train), avoid physical contact and document the occurrence, including the amount of time within 6 feet, whether the other person was wearing a mask, and whether the other person exhibited any symptoms of illness (for example, cough).
- COVID-19 mainly spreads from person to person but it can occasionally be left behind on objects and surfaces. If you touch something contaminated and then touch your face or someone else's face, you might fall ill. Protect yourself while shopping and use disinfecting wipes if available.
- If at any time during your travel, you or your dependents develop symptoms related to COVID-19, DO NOT go out in public. Seek medical attention by using a telephone first. Follow their instructions and notify someone in your chain of command immediately.

PART III. REVIEW

Commanders will review Restricted Area of Japan (map), Off-Base Liberties, Leave & Pass, Functions On or Off Base, and determine the risk and if additional mitigating measures are needed.

PART IV. STATEMENT OF UNDERSTANDING

I, (Rank/First & Last Name) _____, have been briefed by my (circle one of the following: Unit Commander, First Sergeant, Flight Commander, or immediate supervisor), on the COVID-19 related risks for traveling within Japan.

I fully understand the intent of this briefing and have addressed all my concerns with my briefer. If at any time during my travels, I develop symptoms related to COVID-19 or suspect possible infection, I will NOT go out in public; I will seek medical attention by telephone first; and I will contact someone in my chain of command immediately. I have been instructed to review and abide by all COVID-19 Leave and Pass directives.

PRINT FIRST NAME/LAST NAME, GRADE AND ORGANIZATION OF INDIVIDUAL BRIEFED

DATE BRIEFED

SIGNATURE OF INDIVIDUAL BRIEFED

BRIEFED AND REVIEWED BY: PRINT FIRST NAME/LAST NAME, GRADE, AND DUTY TITLE

SIGNATURE OF BRIEFER

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